



MANLY FRESHWATER CATHOLIC PARISH

Mary Immaculate and St John the Baptist Churches

The Most Holy Body and Blood of Christ – 2nd June 2024



Gospel Reflection

Today's celebration of the Body and Blood of the Lord originated in the Diocese of Liege in 1246 as the feast of Corpus Christi. In the reforms of Vatican II, the feast was joined with the feast of the Precious Blood (July 1) to become the Solemnity of the

Body and Blood of the Lord. Today we celebrate the Christ's gift of the Eucharist, the source and summit of our life together as the Church.

Today's Gospel is Mark's account of the Last Supper. At the Passover meal marking the First Covenant, Jesus, the Lamb of the New Covenant, institutes the New Passover of the Eucharist.

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MANLY FRESHWATER PARISH
CORDIALLY INVITES YOU TO THE



Installation Mass of
Rev. Fr. Chima Ofor

as Parish Priest
by Most Rev. Anthony Randazzo, DD JCL

SUNDAY | JUNE, 9 | 10.30AM MASS



Mary Immaculate & St Athanasius Catholic Church
6 Raglan Street, Manly

RSVP: 3 June - manlyfreshwaterparish@bbcatholic.org.au



Pastoral Discernment
Northern Beaches

Listening to one another
and journeying forward together,
guided by the HOLY SPIRIT.

Manly Freshwater Parish's participation in the Northern Beaches Pastoral Discernment Project

Join us at **6pm – 6.45pm on Thursday 6 June via Zoom** to find out about the Northern Beaches Pastoral Discernment project, and how our parish will participate. Here is the meeting link <https://acu.zoom.us/j/86144165071>

Bishop Anthony has invited us to participate in a process of pastoral discernment for the Northern Beaches Deanery. It will inform the development of the Diocese's pastoral mission implementation plan.

We will be holding listening and dialogue forums in our parish using the same process as the Synod on Synodality - Conversation in the Spirit. We will share our experiences, listen to one another, and to the Holy Spirit, and engage in dialogue. From these conversations we will develop our submission to the pastoral discernment process.

You can find out more about the Northern Beaches Pastoral Discernment Project here: <https://www.bbcatholic.org.au/mission/pdnb>

For more on our parish's participation, contact Sandie Cornish at sandie.cornish@gmail.com

INVITATION TO CELEBRATE FR CHIMA'S INSTALLATION

Mary Immaculate & St Athanasius Church
Manly



Next Sunday 9 June at 10:30am Mass followed by lunch.

We invite you to come along and celebrate Fr Chima's installation as Parish Priest with Bishop Anthony Randazzo.

RSVP: 3/6/2024 to Parish Office 9977 5822 or manlyfreshwaterparish@bbcatholic.org.au



ANOINTING OF THE SICK MASS

Friday 7th June at 9:15am at Manly and Freshwater

Livestreaming on Facebook Sunday 8:30am Mass
[manlyfreshwaterparishfacebook/videos](https://www.facebook.com/manlyfreshwaterparish/videos)

Manly Freshwater Parish promotes SAFEGUARDING which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our MANLY community.

LET US PRAY FOR

2nd June 2024

Recently Deceased: Norma Cox

Anniversary: June Beninati; Tuna Suman

Prayers for the sick in our parish: “**Lord, grant them and their carers strength and courage**” Stephen Robertson; Maureen Williams; Gerry Wybrandt; Amy Farrow; Patricia Duffy; Florencia Lira; Ken Waller; Mary Helen Fogarty; Belinda Nicholls; Jacqui Dawson; Gerry Ring; Zacchaeus Ratnam; Pat Smith; John Connors; Don Hews; Joan Jacobs; Paul Donnelly; Julie Wallis; Lyn Hillard; Ian Flynn; Jake Usher; Wayne Smedley; Apolinar Anasarias; Kay Flenady; Annette Frances O’Leary; Anna Kalayzich; Veronica Rinaldo; Chinnamma Puliparambil; Rena Cull; John Santos; Shirley Ford; Mary Hetenyi; Ana Maria Saladana

Dates to remember...

- **Alpha continues** Monday 3 June 7pm
- **Anointing Mass** Friday 7 June 9:15am
- **Fr Chima’s Installation Mass and lunch** Sunday 9 June 10:30am
- **Spanish Prayer Group** Friday 14 June 6pm
- **Youth Group (Yrs 7 – 12)** Sunday 2 June 7pm – 9pm
- **Cenacle of Our Lady**
Manly: Tues 9:45am; Freshwater: Wed 9:45am

THINGS YOU DIDN’T KNOW ABOUT THE MASS.

The moment the priest disappears.



3 hours. That’s how long Padre Pio’s Masses would frequently run. Can you imagine that?

Commenting on the great saint, Padre Giovanni tells us: “He seemed to be meditating on every word, and to be carried out of himself by every action of the rite. He read with emotion, in a low and almost weary voice, unhurriedly, pronouncing each word distinctly... ..Pio seemed to spend ten to fifteen minutes adoring the consecrated bread and wine.”

Now I don’t know about you, but frankly, I don’t think I’d have the stamina.

Still, in all my years serving up on the altar, I have noticed something *curious* about almost all priests I’ve encountered. When it comes to the words of Consecration – “*This is my body... This is my blood*” – it seems that all priests tend to slow down and really take their time.

Why though? What’s happening here? What am I missing?

†††

Friends, perhaps you already know this, but it’s worth repeating:

The Consecration is *THE* essential part of the Mass.

When the priest pronounces the words of Consecration, the bread and wine truly and substantially become the Body and Blood of Christ.

How, you ask? How is this possible? How can a mere man effect such a profound change?

Well, let me explain. Firstly, the priest does *not* act alone. He does not somehow speak and act in his own capacity. No, rather, the priest offering the Holy Sacrifice, instead acts *in persona Christi* (in the person of Christ), and so enjoys a special sacramental identification with Jesus Christ. Indeed, it is only by virtue of the priest speaking the words of consecration (“*This is my body... This is my blood*”) that the great miracle takes place.

To put it simply, the priest lends his voice, but Jesus Christ *himself* performs the Consecration.

The priest becomes invisible. Jesus Christ now acts.

†††

So what does this mean for us?

Well, to conclude, I have a confession to make. Two weeks ago, I told you that the Holy Spirit comes down at the *moment* of the first bell (the epiclesis), and the bread and wine changes into the Body and Blood of Christ.

Ah, like the heretics of old, how I’ve led you astray! Mea maxima culpa.

For while the Holy Spirit does indeed come at this moment, it is in fact immediately *after* the first bell, *during* the words of Consecration, that the transubstantiation takes place. The first bell is a signal, a warning, a preparation, of what’s to come. The triple bells signify the miracle.

And so, very simply – when you hear those sacred words, “*This is my body... This is my blood*”, know that you are really and truly hearing the words of Jesus Christ.

And His words are true.
May God bless you. *Seminarian Matthew*



CAN’T GET TO MASS ON SUNDAY AND WANT TO RECEIVE HOLY COMMUNION?

Many of you have not been able to come back to Mass on Sunday for different reasons. If you would like one of the Priest to visit you at home, please ring the parish office on 9977 5822.



EUCCHARISTIC ADORATION IN MANLY ON WEDNESDAYS – 6pm – 7.30pm

Quiet Prayer, Adoration and reconciliation will be available

6pm – 7pm concluding with **Benediction**



Pope Francis Prayer Intention for June – For migrants fleeing their homes

We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.



YOUTH GROUP GATHERING

We welcome all youth who are in High School (Yr 7 – Yr 12) to come along and join the Manly Freshwater Parish Youth

Group which is held every **1st and 3rd Sunday** following the 6pm Mass (7pm – 9pm). Join us for free food and drinks, table tennis, basketball, party games, talks and new friends! Feel free to check out our instagram or send us an email!

Email: manlyfreshwatercatholicyouth@gmail.com

Instagram: [manlyfreshwater_catholicyouth](https://www.instagram.com/manlyfreshwater_catholicyouth)

JUNE MINISTRY ROSTER IS AVAILABLE IN THE CHURCHES

FEAST OF ST ANTHONY OF PADUA Sunday 16th June 2024

At St John the Baptist Church, Freshwater. Program as follows...

- 1:00pm Confessions
- 1:30pm Holy Mass celebrated by Fr Anthony Fregolent with blessing of the bread and children during the Mass.
- 3:30pm Holy Procession accompanied by the Italian Brass Band of Giuseppe Verdi and escorted by the Italian Carabinieri in their colourful uniforms.

PARISH GIVING

Thank you for your generous support. We encourage you to use the tap machines at the Church entrances. If you prefer to use cash there will be **ONE** collection during Mass at the offertory at Manly and **TWO** at Freshwater.

PILOT PROGRAM –The Diocese has agreed for Manly to pilot a **ONE COLLECTION** at the weekend Masses. The Diocese will continue to monitor this.



The collection is for the First and Second Plates and will be allocated as follows:

- 25% to Supporting our Priests including the sick & retired in our Diocese.
- 75% to Parish operations and maintenance of building.

SUPPORT OUR PARISH & PRIESTS

FINANCIALLY by using one of the following...

1. **Planned Giving:** through a monthly **direct debit** or **credit card**. Please contact the parish office for more information 9977 5822.
2. **Collection plates during Mass**
3. **Tap and Go machines** using your credit/debit card or **EFTPOS Terminals**.
4. **Scan to Donate** using the QR code to access our BPoint Donation page.
5. **Direct into Parish Bank Accounts**
 - **2nd collection Parish Bank Account** Funds the running of the Parish
Account Name: Manly Freshwater Parish
Bank Name: Commonwealth Bank
Account # 100002025 BSB: 062 784
 - **1st collection** Supports our Priests
Account: Manly Freshwater Parish Pastoral
Bank Name: Commonwealth Bank
Account# 13958002 BSB: 062 784

HAS YOUR CREDIT CARD EXPIRED?

If you donate to the Parish using your credit card please let us know if you have a new card or the card has expired by contacting the Parish Office 9977 5822 or email manlyfreshwaterparish@bbcatholic.org.au

DIRECT DEBIT FROM BANK ACCOUNT

Please consider changing your giving from a credit card deduction to a direct debit from your bank account. Please contact the parish office to have this set up automatically for you.

PIETY STORE

Movie of the month Arn Knight Templar - a lavish historical epic based in Sweden and the Holy land in the middle ages. A story of love, survival and faith, rated MA. Only \$10 @ the piety store.

CD of the month St Paul - virtual tour of his life and teachings. Listen to Steve Ray's fascinating insights on this remarkable man, Saint Paul. Only \$5 @ the piety store.

PROPERTY FOR LEASE



REDUCE THE BURDEN OF SCHOOL DROPOFF!!!

Just one of the benefits of leasing the revamped former St John the Baptist Presbytery at Freshwater which is adjacent to the Parish primary school and Church.

Cleverly reinvented with bright open living spaces for today's modern family, this single level home has been freshly painted throughout and has a brand-new kitchen. Placed on enclosed private level lawns (ideal for the kids and the dog), it rests in a quiet leafy pocket adjacent to the school and within walking distance of the village and beach.

- Generous formal living area with ornate decorative fireplace
- Vast family and dining area
- Green private level lawns, child friendly
- Four double bedrooms and separate study
- Brand new family kitchen
- Polished timber floors throughout
- Reverse cycle heating and air conditioning in main living room and bedroom
- Two full bathrooms with baths, large laundry space
- Carport and good size shed for storage
- Large block with 2 street frontage
- Short stroll to Freshwater Village shops, Freshwater Beach & transport

The property is available for lease and currently being presented through Clarke and Humel.

<https://www.clarkeandhumel.com.au/renting/for-lease/15-johnson-street/>

John Zemek on behalf of the Parish Finance Committee

State of Origin Night Wednesday 5 June 2024

The Catenian Men's Group are pleased to host another fun packed evening to cheer on the Blues (or the other team if that is your origin).

The event will be held in the St Kieran's Parish Centre (entry via carpark off King St Manly Vale). All are welcome and kick-off is 7 pm.

Pies and assorted snacks will be provided.

Cost -\$10 per person and BYO drinks.

If you wish to attend please contact Romano Donato romano@romanodidonato.com.au by Monday 3 June 2024.

Payments details can be provided.

ALPHA IS A SAFE SPACE WHERE YOU CAN ASK QUESTIONS ABOUT LIFE, FAITH AND MEANING



Alpha

THERE'S A SEAT FOR YOU AT THE TABLE

WATCH



SCAN ME

KNOW MORE



SCAN ME

BOOK



SCAN ME

ALPHA STARTS AT 7PM ON 27 MAY 2024

Parish Meeting Room, St Mary's Manly, 6 Raglan St

Registration essential - electronic and paper options are available



'I invite all Christians, everywhere, at this very moment to a renewed personal encounter with Jesus Christ, or at least an openness to letting him encounter them.

The Lord does not disappoint those who take this risk; whenever we take a step towards Jesus, we come to realise that he is already there, waiting for us with open arms.'

Pope Francis – Evangelii Gadium #3

ALPHA commenced last Monday night with 50 adults coming together where we shared a meal before watching a video then breaking off into 4 groups. It's not too late to register!!!

A few groups gathered in the parish last week - the Diocesan Young Adults event called Encounter and our Northern Beaches Young Adults formation night.



JOIN US THIS SEPTEMBER FOR
A PILGRIMAGE TO:



POLAND

&

MEDJUGORJE



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- WARCKIE • CZĘSTOCHOWA (JASNA GÓRA) • OŚWIĘCIM
- CRACOW • WIELICZKA (SALT MINE) • ŁAGIEWNIKI
- WADOWICE

- MEDJUGORJE • MOSTAR • KRAVICA WATERFALLS
- DUBROVNIK • NEUM • SARAJEVO

• Dates: 7-23 September • Cost - land only \$4.5K



FOR BOOKING SCAN
THIS QR CODE
OR VISIT OUR
PARISH OFFICE
6 RAGLAN ST,
MANLY 2095
MON-THUR 10AM TO 4PM

FOR MORE INFORMATION
SCAN THIS QR CODE
OR USE THE LINK:
<https://www.bbcatholic.org.au/manly-freshwater/news-events/calendar-of-events>



To express interest or ask questions you may contact: marek.woldan@bbcatholic.org.au

To express an interest in the Pilgrimage or for more information please contact Fr Marek Woldan on marek.woldan@bbcatholic.org.au. The parish office has copies of the pilgrimage itinerary and what to expect. Come in and pick up a copy.

This is my body



This is my blood



The Body and Blood of Christ, Year B

During Mass we share in a sacred meal called the Eucharist, which means 'to give thanks'. In the chalice, write down some things which we can be thankful for. In the bread, draw a picture of your family sharing a special meal.



Can you work out which two of these pictures are the same?



Dear Lord,

Amen.

Write a prayer of thanksgiving to God that you can say before every meal.



The Most Holy Body and Blood of Christ– Year B

First Reading

Exodus 24:3-8 (JB)

A reading from the book of Exodus

This is the blood of the Covenant that the Lord has made with you.

Moses went and told the people all the commands of the Lord and all the ordinances. In answer, all the people said with one voice, 'We will observe all the commands that the Lord has decreed.' Moses put all the commands of the Lord into writing, and early next morning he built an altar at the foot of the mountain, with twelve standing-stones for the twelve tribes of Israel. Then he directed certain young Israelites to offer holocausts and to immolate bullocks to the Lord as communion sacrifices. Half of the blood Moses took up and put into basins, the other half he cast on the altar. And taking the Book of the Covenant he read it to the listening people, and they said, 'We will observe all that the Lord has decreed; we will obey.' then Moses took the blood and cast it towards the people. 'This' he said 'is the blood of the Covenant that the Lord has made with you, containing all these rules.'

The word of the Lord. **All: Thanks be to God.**

Responsorial Psalm *Ps 115:12-13, 15-18*

R. I will take the cup of salvation, and call on the name of the Lord. How can I repay the Lord for his goodness to me?

The cup of salvation I will raise; I will call on the Lord's name. R.

O precious in the eyes of the Lord is the death of his faithful. Your servant, Lord, your servant am I; you have loosened my bonds. R.

A thanksgiving sacrifice I make: I will call on the Lord's name. My vows to the Lord I will fulfil before all his people. R.

Second Reading

Hebrews 9:11-15 (JB)

A reading from the letter to the Hebrews

The blood of Christ will purify our inner selves.

Now Christ has come, as the high priest of all the blessings which were to come. He has passed through the greater, the more perfect tent, which is better than one made by men's hands because it is not of this created order; and he has entered the sanctuary once and for all, taking with him not the blood of goats and bull calves, but his own blood, having won an eternal redemption for us. The blood of goats and bulls and the ashes of a heifer are sprinkled on those who have incurred defilement and they restore the holiness of their outward lives; how

much more effectively the blood of Christ, who offered himself as the perfect sacrifice to God through the eternal Spirit, can purify our inner self from dead actions so that we do our service to the living God.

He brings a new covenant, as the mediator, only so that the people who were called to an eternal inheritance may actually receive what was promised: his death took place to cancel the sins that infringed the earlier covenant.

The word of the Lord. **All: Thanks be to God.**

Gospel Acclamation

Alleluia, alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.

Alleluia!

Gospel

Mark 14:12-16, 22-26 (JB)

A reading from the holy Gospel according to Mark

This is my body. This is my blood.

On the first day of Unleavened Bread, when the Passover lamb was sacrificed, his disciples said to Jesus, 'Where do you want us to go and make the preparations for you to eat the passover?' So he sent two of his disciples, saying to them, 'Go into the city and you will meet a man carrying a pitcher of water. Follow him, and say to the owner of the house which he enters, "The Master says: Where is my dining room in which I can eat the passover with my disciples?" He will show you a large upper room furnished with couches, all prepared. Make the preparations for us there.' The disciples set out and went to the city and found everything as he had told them, and prepared the Passover.

And as they were eating he took some bread, and when he said the blessing he broke it and gave it to them. 'Take it,' he said 'this is my body.' Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them, 'This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God.'

After psalms had been sung they left for the Mount of Olives.

The Gospel of the Lord

All: Praise to you, Lord Jesus Christ.

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Nestled between the pines at South Steyne – our Medical Centre born from the belief of looking from a fresh perspective towards healthcare. You will find highly trained, experienced GPs and Nursing Staff, with a range of skills to provide you with quality comprehensive care.



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Fax Number: (02) 7209 2921
Website: southsteynemedical.com
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E: stpauls@dbb.edu.au

Parish Priest: Fr Chima Ofor
manlyfreshwaterparish@bbcatholic.org.au

Assistant Priest: Fr Marek Woldan
marek.woldan@bbcatholic.org.au

Seminarian: Matthew French

Parish Secretary: Jenny Beninati
manlyfreshwaterparish@bbcatholic.org.au

Mary Immaculate Church (Parish Office)
6 Raglan St, Manly 2095

Parish Office: Mon to Thurs 8:30am – 4:30pm
Phone: 9977 5822

manlyfreshwaterparish@bbcatholic.org.au
www.bbcatholic.org.au/manlyfreshwater

St John the Baptist Church
cnr Johnson & Oliver St, Freshwater 2096

Presbytery: 9977 2100

After Hours Sick Calls: 0499 910 010

Parish Pastoral Council:

Michael McGrath (Chair); Ivica Covic (Deputy
Chair); John Zemek (Deputy Chair); Val Buono;

Patricia Carroll Margaret Dent; Robert Marshall;
Peter Nacard, Ian Press, Katalina Taefotu

Weekend Masses:

Manly: Saturday Vigil 6:00pm

Sunday 8:30am, 10:30am, 6:00pm

Freshwater: Saturday Vigil 5:00pm & Sunday 9am

Weekday Masses: Manly & Freshwater

Tuesday – Friday 9:15am

Baptisms: please contact the parish office

Reconciliation: Manly Sat 10am – 11am

St Mary's Primary School 7256 2135

Principal: Paul McGuire

St John the Baptist Primary School 9939 6699

Principal: Alicia van der Merwe

St Paul's Catholic College 9977 5111

Principal: Michael Reid

Stella Maris College 9977 5144

Principal: Elizabeth Carnegie



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